

lenten guide 2024

new community

spokane, washington

New Community; this lenten season:

May God bless you with discomfort at easy answers, half-truths, and superficial relationships so that you may live deep within your heart.

May God bless you with anger at injustice, oppression, and exploitation of people, so that you may work for justice, freedom, and peace.

May God bless you with tears
To shed for those who suffer pain, rejection, hunger and war,
So that you may reach out your hand to comfort them and
To turn their pain into joy.

And may God bless you with enough foolishness
To believe that you can make a difference in the world,
So that you can do what others claim cannot be done
To bring justice and kindness to all our children and the poor.
Amen.

[franciscan prayer]

numbers 21:4-9
psalm 107:1-3, 17-22
ephesians 2:1-10
john 3:14-21

[sunday, march 10th]

pray

To you, O Lord, I lift up my soul.

O my God, in you I trust;

Let me not be put to shame;

Let not my enemies exult over me.

Let none who wait for you be put to shame.

Make me to know your ways, O Lord;

Teach me your paths.

Lead me in your truth and teach me,

for you are the God of my salvation;

for you I wait all the day long.

Remember your mercy, O Lord, and your steadfast love,

Remember not the sins of my youth or my transgressions;

Remember me, for the sake of your goodness, O Lord!

Turn to me and be gracious to me,

for I am lonely and afflicted;

the troubles of my heart are enlarged;

bring me out of my distresses.

May integrity and uprightness preserve me, for I wait for you.

ask:

reflect on the above prayer. what phrase catches your attention?

for what do you need to ask God to allow you to more fully embrace or live into that phrase?]

quote for the week of reflection

"I want neither a terrorist spirituality that keeps me in a perpetual state of fright about being in right relationship with my heavenly Father nor a sappy spirituality that portrays God as such a benign teddy bear that there is no aberrant behavior or desire of mine that he will not condone. I want a relationship with the Abba of Jesus, who is infinitely compassionate with my brokenness and at the same time an awesome, incomprehensible, and unwieldy Mystery."
Brennan Manning

monday

[psalm 93]
[john 5:30-47]

tuesday

[jeremiah 6:9-15]
[john 7:1-13]

wednesday

[psalm 80]
[1 corinthians 6:12-20]

thursday

[john 7:14-36]
[romans 4:1-12]

friday

[john 7:37-52]
[john 8:12-30]

saturday

[psalm 78:1-39]
[romans 4:13-25]

pray

Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom and the power
and the glory, for ever and ever.
Amen.