

lenten guide 2024

new community

spokane, washington

New Community; this lenten season:

May God bless you with discomfort at easy answers, half-truths, and superficial relationships so that you may live deep within your heart.

May God bless you with anger at injustice, oppression, and exploitation of people, so that you may work for justice, freedom, and peace.

May God bless you with tears
To shed for those who suffer pain, rejection, hunger and war,
So that you may reach out your hand to comfort them and
To turn their pain into joy.

And may God bless you with enough foolishness
To believe that you can make a difference in the world,
So that you can do what others claim cannot be done
To bring justice and kindness to all our children and the poor.
Amen.

[franciscan prayer]

jeremiah 31:31-34
psalm 51:1-12
hebrews 5:5-10
john 12:20-33

[sunday, march 17th]

pray

Grant, Almighty God, that as you see us so foolish in nourishing our vices, and also so ensnared by the gratifications of the flesh, that without being constrained we hardly return to you, grant, that we may feel the weight of your wrath, and be so touched with the fear of it, as to return gladly to you.

Grant that we may lay aside every deception and devote ourselves entirely to your service.

Grant that it may appear that we have from the heart repented, and that we have not trifled with you by an empty pretense, but have offered to you our hearts as a sacrifice.

Grant that we, and all our works, might be sacred offerings to you through our whole life, that your name

ask

what deception or vice has captured you lately and in what ways have you felt the weight of that sin?

to repent is to change direction. in what ways are you allowing the good news of Jesus to drive you to the cross?

how is this good news motivating you to reverse course?

quote for the week of reflection

“I do not believe that the good news is given to tell us that we have failed or been false. That is not news and that is not good. We already know much of that about ourselves. We know we have been false, even to those we most love in our lives and would want to be most true too. We know we have failed people and whole nations throughout the world today who are suffering or who are subjected to terrible injustices that we could have done more to prevent. The Gospel is not given to tell us what we already know. Rather, the Gospel is given to tell us what we do not know or what we have forgotten. And that is who we are; sons and daughters of the one from whom all things come.”
[Newell]

monday
[psalm 66]
[john 10:1-18]

tuesday
[psalm 97]
[jeremiah 23:1-8]

wednesday
[psalm 101]
[jeremiah 23:9-15]

thursday
[psalm 102]
[romans 8:1-11]

friday
[psalm 107:1-32]
[romans 8:12-27]

saturday
[psalm 89]
[romans 8:28-39]

pray

Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom and the power
and the glory, for ever and ever.
Amen.