

lenten guide 2024

new community

spokane, washington

**New Community; this lenten season:**

May God bless you with discomfort at easy answers, half-truths, and superficial relationships so that you may live deep within your heart.

May God bless you with anger at injustice, oppression, and exploitation of people, so that you may work for justice, freedom, and peace.

May God bless you with tears  
To shed for those who suffer pain, rejection, hunger and war,  
So that you may reach out your hand to comfort them and  
To turn their pain into joy.

And may God bless you with enough foolishness  
To believe that you can make a difference in the world,  
So that you can do what others claim cannot be done  
To bring justice and kindness to all our children and the poor.  
Amen.

[franciscan prayer]

quote for the week of reflection

“Our job is to love others without stopping to inquire whether or not they are worthy. That is not our business and, in fact, it is nobody's business. What we are asked to do is to love, and this love itself will render both ourselves and our neighbors worthy.”  
Thomas Merton

**thursday**

[psalm 32]

[luke 18:9-14]

**friday**

[deuteronomy 7:6-11]

[john 1:29-34+43-51]

**saturday**

[psalm 30]

[hebrews 12:1-17]

pray

Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come,  
Thy will be done,  
On earth as it is in heaven.  
Give us this day our daily bread,  
And forgive us our trespasses,  
As we forgive those who trespass against us.  
And lead us not into temptation,  
But deliver us from evil.  
For thine is the kingdom and the power  
and the glory, for ever and ever.  
Amen.